

IDEAL MEN AND WOMEN AND THE WAY TO OBTAIN IT.

New and Distinguished Contributors to the Herald's Great Symposium Portray Their Views on an All Absorbing Subject.

Words of Wisdom to the Young Americans from Some of the Wisest and Most Thoughtful People Now Living.

HUMAN NATURE'S BEST QUALITIES. Clergymen, Anthropologists, Philosophers, Poets, Generals, Novelists and Eminent Women Tell Us How to Improve Ourselves Mentally and Physically.

BETTER, MORE NOBLE, MORE BRAVE.

All know the word symposium means "drinking together." That "feast of reason and flow of soul," Plato's banquet, years ago, may be called the original symposium. At that feast Agathon, Socrates, Alcibiades and others discuss the profound and interesting question of love.

The Herald's symposium on the most important of all questions, "The Perfecting of the Human Mind," has attracted the attention of all eyes. The magnitude of the subject is deemed to be the greatest that the world has yet seen.

Here, in concise form, are presented the ideas of some of the ablest living thinkers on what constitute the attributes of perfect manhood. Their views as to the ideal man are portrayed vividly, earnestly and with eloquence, and the best types of men and women are named as models of excellence, mental and physical.

Everybody can make themselves better, and the Herald's symposium forcibly illustrates the manner in which it can be done. Cultivation of heart, mind and body is necessary in order to attain perfection, and the Herald's contributors show just what qualities should be either nurtured or repressed.

Young Americans, and their elders too, cannot fail to be awakened to the imperative need of a higher education after reading the gems of thought from these eminent persons. It should inspire them with new ambitions, new hopes, new aspirations, new conceptions of life, and a determination to become stronger, braver, purer, more noble and more godlike.

ELEVATE THE HUMAN RACE. PERFECTION IS NOT IMPOSSIBLE, THEN WHY NOT BE PERFECT?

Mr. D. A. Sage, the tutor of gymnastics, writes to Cambridge, Mass.:

It is to complete being, made up of body, mind and soul. Some of the elements which reach their full development except at the highest degree of culture, is a man cannot attain to the highest degree of intellectual or physical perfection without reaching a certain point of development.

Man reached the height of individual perfection centuries ago. The problem for us to-day is to reach the height of collective perfection, which is the highest aim of the human race.

What is your ideal? The ideal is to be perfect. To be perfect is to be in harmony with the laws of nature, to be in harmony with the laws of God, to be in harmony with the laws of humanity.

less area of the face, or convulsions of the brain need to be increased and what need to be repressed? The science of the brain, history and physiology are at present too much in the shadows of the sciences of the earth and the sky.

What are the cardinal points to be insisted upon for the all-around development of the coming generation? To maintain perfect balance between the muscular and nervous systems so that the energies of our organism should be equally and harmoniously developed and exercised.

Every human race and every individual has a different idea of perfection, which is only a comparative and subjective conception. I shall endeavor to answer the question, keeping as close as possible to the facts of human nature.

What is the first quality in human nature? The noblest quality in human nature is the desire for the good. The noblest quality in human nature is the desire for the good.

FAITHFUL TO A NOBLE PURPOSE. The eminent novelist Björnström Blomqvist writes:

In answer to the questions you have put, among others also to me, I wish to say—Faithfulness, fidelity, which is the best part of the human nature, its moral and spiritual core, is the highest.

When once the education and instruction of our children, perfect harmony with our own religion which is itself the broadest martyrdom of constancy, undertake to make a greatness like that of the great men of the past, it is not near to us in time and still felt in our life.

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cardinal points of his symposium, it is dangerous to him to try to escape them, for the government of himself should always be inspired with the moral principle of Pascal, "It is better to be an angel than to be a man."

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specialists in any branches, no matter how high the branch, but that the best of them should produce mechanical as well as intellectual "all round men."

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able confidence. Our finest quality? It is faith. Faith is the power of believing in the unseen, of trusting in the future, of relying on the goodness of God and man.

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education of a child by saying to him: "I will teach thee to obey." Instead of saying to him, "I will teach thee to obey," it is better to say to him, "I will teach thee to be a man."

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